

Treatment for Piles

Simple treatment of Piles. Piles
Remedy mailed free for trial gives
quick relief, stops itching, bleeding,
protruding piles, hemorrhoids and all
rectal troubles in the privacy of your
own home. Pyramid Pile Remedy is
for sale at all druggists, 50c a box.

Mail this Coupon

to the PYRAMID DRUG COMPANY,
315 Pyramid Bldg., Marshall, Mich.
With your full name and address on
a slip of paper, and sample treat-
ment of Piles, Pyramid Pile Remedy
will then be sent to you at once
by mail FREE, in plain wrapper.

INSURING GOOD DIGESTION

Importance of Preventing Food Fer-
mentation in Stomach.

"Good digestion usually means good health. So long as the stomach does its work properly disease can find no lodgment in the human system; the liver, kidneys and intestines will perform their work perfectly and remain in perfect health; but permit anything to interfere with the proper digestion of food, an unending train of troubles is set in motion. About the only thing that will upset the stomach and interfere with digestion, is an excess of acid, usually caused by food fermentation. Food fermentation is due to chemical action in the food itself. This fermentation causes the formation of gas, or wind, as well as acid, resulting in the unnatural distention of the stomach and the burning by the acid of the delicate lining of the stomach. Medicine and tonics can not relieve this condition—they usually make it worse. The fermentation and acid are to blame and these must be overcome and prevented by taking after meals a teaspoonful of liquid magnesia in a little hot or cold water. Physicians recommend liquid magnesia especially because it stops and prevents fermentation of food and neutralizes the acid instantly, making it bland and harmless, without irritating the stomach in any way. Get a little liquid magnesia from your druggist and try it the next time your food ferments and upsets your stomach. Note how quickly the acid is neutralized and how soon you forget that you have such a thing as a stomach."

IOWA WOMAN TELLS OTHERS

How Lydia E. Pinkham's Veget-
able Compound Carried
Her Safely Through
Change of Life.

Cedar Rapids, Iowa.—"At the Change
of Life the doctor said I would have to
give up my work and
take my bed for
some time as there
was no help for me
but to lie still. I
took Lydia E. Pink-
ham's Vegetable
Compound and kept
up my work and
now I am over the
Change and that is
all I took. It was
better for me than
all the doctor's medicines I tried. Many
people have no faith in patent medicines
but I know this is good."—Mrs. E. J.
RICKERS, 354 8th Avenue, West, Cedar
Rapids, Iowa.



Such warning symptoms as sense of
suffocation, hot flashes, headaches, back-
aches, dread of impending evil, dimidity,
sounds in the ears, palpitation of the
heart, sparks before the eyes, irregu-
larities, constipation, variable appetite,
weakness and inquietude, and dizziness,
are promptly headed by intelligent women
who are approaching the period in
life when woman's great change may
be expected.

Lydia E. Pinkham's Vegetable Com-
pound restores and strengthens the
system and builds up the weak
system. It has carried

months of 1914 were 313,554,031, as
compared with 144,469,370 for the
entire twelve months of 1913. The
shipments of shingles from this port
to the States for the last quarter of
1913 and the first half of 1914,
covering the three-quarters, show a
total of 404,483,300, as compared
with 78,169,325 for the correspond-
ing period of 1912.

Commenting further on trade con-
ditions, the report continues: "The
financial conditions incident to the
war recently caused the shingle
manufacturers in the province to re-
duce the wages of employees which
has enabled them to compete more
successfully with the shingle mills in
the United States and in order to
keep in operation, the plants in
operation, the manufacturers in Brit-
ish Columbia are devoting their
energies to the extension and main-
tenance of their export trade, the
bulk of which is to the United States."

"There are 43 lumber mills in Brit-
ish Columbia with a daily capacity of
2,326,000 feet b. m. The maximum
output of a shingle plant is 350,000,
and the minimum 10,000 feet per
day. American capital is interested
in six of the 43 mills."

"The lumber exports to the United
States involved through this consul-
ate-general during the December
quarter 1913, were 265,724 feet, and
for the last quarter of 1913, the ex-
ports amounted to 1,703,524 feet, an
increase of 1,437,800. Exports for
the last quarter of 1912 and the first
half of 1913 were 1,561,100, as com-
pared with 12,130,799 for the last
quarter of 1913 and the first half of
1914, an increase of 10,169,799. The
total exports to the United States for
the year 1912 amounted to 1,009,123
feet; the total for 1913 was 4,186,
460 feet, and for the first six months
of 1914, the shipments involved
through this consulate-general, show
a total of 10,337,265 feet—nearly
ten times more than for the entire
year of 1912 and approximately two
and one-half times more than during
the twelve months of last year."

Pharmacy Lectures.

The Vancouver School of Pharmacy
has opened with twenty students in at-
tendance. The class secretary, Mr. L.
C. Macken, 2303 Granville street, ex-
pects that before the end of the pre-
sent month at least ten more pros-
pective candidates from the outlying
districts will make application. It is
fully expected that under the tutelage
of Professors J. M. Fisher (pharmacy),
J. M. White (botany), W. H. Caldwell
(chemistry), and J. T. Crowder (ma-
terial medica) the Vancouver boys will
at the top when the results of the
April 1915 examinations are made
known. The Vancouver School Board
has kindly given the use of a class-
room, and lectures are given twice
each week. Mr. Macken will be
pleased to explain all details to those
interested or desiring to join the
classes, or applications may be made
to J. W. Browne, 509 Main street, Van-
couver, or Mr. Laing, principal of night
classes.

THE BEAUTY HUNTER HER HINTS TO OTHERS

TO HAVE LONG, LUSTROUS HAIR—
If you allow dandruff to remain on the
scalp it will ruin all the hair. Falling
hair is almost always caused by
this evil. The tonic which I have
found most practical for cure of dand-
ruff and brittle hair, as well as a
restorer of the natural color and a
producer of lustre is made from 1
ounce quinine dissolved in 1 pint
each of alcohol and water. Use
or twice a week by gently rubbing into
the roots.

BRILLIANT EYES—Sparkling depth, strength and expression
accompany the use of this simple eye
lotion which also immediately relieves
inflamed, weak or smarting eyes, and is
especially helpful in case of granu-
lated lids. Dissolve 1 ounce of crystals
in 1 pint of clear water and put a few
drops of this soothing tonic in each eye
daily. You can get crystals from any
druggist.

WRINKLE REMOVER—Remove
wrinkles and keep the face velvety and
smooth at a very little cost by making
at home a vegetable jelly cream, which
does not grow hair. Get from your
druggist 1 ounce alcohol and dissolve in
1/2 pint cold water or witch hazel,
adding 2 teaspoonfuls of glycerine. Stir
and let stand one day. Apply to wrin-
kled surface and leave through night,
then wash off and use more of the
cream as a massage. This treatment
will remove and prevent the most ob-
stinate wrinkles or finest crow's feet,
while softening the skin to a velvety
texture.

EASY SHAMPOO—An easy, quick-
drying shampoo can be enjoyed at
home for a trifling cost by dissolving
a teaspoonful cantharox in a cup of hot
water. This makes a thick, bland
lather, wonderfully cleansing and in-
vigorating to both hair and scalp.
Rinsing removes all dust, dandruff and
excess oil and brings back former rich
color and lustre to dulled hair. It
makes the head feel good, leaves scalp
clean and hair is easy to manage.

"He then produced the ordinance
and explained its terms to the leader,
but in complete disregard of his or-
ders they proceeded on the Calcutta
road, and he had not sufficient force
to prevent them. Troops and police
were then requested to stop them,
and they were stopped when they had
gone three or four miles. Sir Wil-
liam Duke, who had proceeded with
troops, met them there, taxed their
leader with a breach of the ordinance,
and told them that what they had to
say would be considered at Budge
Budge, whither they must return. On
this they went back without further
demur, followed by police, and at a
distance, by troops."

First a special train had already
gone off with about sixty men, who
most willingly had already gone on,
and Sir W. Duke proceeded the party
to Budge Budge, and procured a sec-
ond special. He was actually inside
the station making final arrange-
ments when the following occurrence
took place:

"As soon as the party arrived at the
station just after dusk, Mr. Donald
called for the leader with the inten-
tion of explaining the position. The
men suddenly became very excited,
and without warning a hot revolver
fire was opened on the police and of-
ficers, while others charged them with
staves, knives, and even one or two
swords. The revolver fire was return-
ed by four out of the posse of ser-
geants, who alone were armed with
revolvers. In a few seconds Sergt-
Major Eastwood was brought to the
ground, shot in the back. Sir Fred-
eric Halliday was wounded in the
foot; Mr. Petrie was shot through
both legs and arm; Mr. Humphreys
was seriously injured; Mr. Lomax, as-
sistant traffic superintendent of the
Eastern Bengal Railway, was fatally
shot through the body, and several
sergeants were badly wounded in the
head."

"Troops were behind, and the af-
fray was partly screened from them
by railway fencing; also police and
officers were at first mixed up with
their assailants. It was only when
this front was cleared, although that
may not have taken many seconds,
that troops could be ordered to fire;
even when they did so the rioters
made two or three further rushes,
while one party occupied some shops
from which they maintained steady
fire, and here the majority of their
casualties took place—sixteen rioters
killed, as well as two innocent on-
lookers."

In addition to the casualties above-
mentioned the Punjab Police had one
killed and six injured. The Punjab
scattered through the surrounding vil-
lages, a certain number surrendering
to the police and pickets. An exten-
sive combined sweeping movement is
being made by the military and police
to collect the rest, and up to an early
hour this morning thirty-two pris-
oners had been made."

"The Government of Bengal deeply
deplore the loss of life which has oc-
curred. They were acting in pursu-
ance of openly declared intention of
sending to their homes the passengers
who had suffered so much in pocket
by the voyages of this ship. They
were aware of the existence of a cer-
tain amount of strong political dis-
content amongst some of the passen-
gers, and in full concurrence with the
Government of the Punjab considered
that the return to their native coun-
try should be prompt and direct. No
one had the smallest suspicion that
any of the party were armed for de-
perate and unprovoked attacks on
British officers."

BELGIANS WILL BENEFIT

Unique Settlement of Difficulty Be-
tween C. P. R. and David Spencer.

A long-standing dispute has been
settled and the Belgian sufferers will
benefit as the result of a unique agree-
ment just made between the C. P. R.
and Messrs. David Spencer Ltd., with
regard to a shipment of clothing from
Germany. Two large cases of goods
consigned to Spencer's were delayed
in transit last year, and on arrival the
department store management at first
refused to accept the order. The stor-
age charges mounted up, and the bills
for transport continued to be a bone
of contention between the firm and
the C. P. R. By way of settling the
difficulty, Messrs. Spencer asked the
railway company if it would waive its
charges and ship the goods gratis
back to Europe for the use of the dis-
tressed Belgians. The C. P. R. agreed,
the Mainland Transfer Co., also con-
sented to forego its charges for stor-
age, and the goods have been donated
by the department store.

In finding Carl Jefferies and Rupert
Andrews, two well-dressed youths,
\$50 and costs for the theft of a



FRY'S COCOA
It is the most
is brimful of
delicate and ent
been taken since
and purity. Al

Truro, Monro



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